

## **Neighborhood Pets Resource Guide:**

## **Table of Contents:**

Mental Health Resources	Page 2
Substance Abuse Resources	Page 5
Food Insecurity Resources	Page 13
Physical Health Resources	Page 18
Housing Resources	Page 22
Job Placement Services	Page 26



#### MENTAL HEALTH RESOURCES:

## **Murtis Taylor Multi-Service Center**

- Website Link:
  - $https://www.murtistaylor.org/\_files/ugd/1b955a\_6449f2680abd4fae8190eaccf1ef7774.pdf? in dex=true$
- Address: 13422 Kinsman rd, Cleveland, OH 44120
- Contact: 216-283-4400 option 5
- Hours: Money Friday 9 am 5: 30 pm
- Services: Adult and child behavioral health, youth development and education, family support, senior development services, co-occurring substance sue

## **Cleveland Clinic - Stephanie Tubbs Jones Health Center**

- Website Link: https://my.clevelandclinic.org/locations/stjhc
- Address: 13944 Euclid Ave. East Cleveland, Ohio 44112
- Contact: (216) 767-4242
- Hours: 8am-7:30 pm 7 days a week
- Services: The Center focuses on the treatment of diabetes, hypertension, kidney failure, behavioral health, specialized care for women and children, primary care, preventive care, health education and specialty care.
  - o Offers virtual appointments and appointment reservations online

#### **Frontline Services**

- Website Link: https://www.frontlineservice.org
- Address: 1744 Payne Avenue, Cleveland OH 44114
- Contact: Has 24/7 Crisis hotline 216-623-6888
- Hours: Monday Friday 9am -5 pm
- Services: We provide practical and therapeutic support to reduce the harmful effects of trauma 24 hours a day, 7 days a week. We provide services at your home or location of your choice including:
  - Emotional support
  - Accessing victims crimes compensation
  - Safety planning and relocation
  - Custody resources and information
    - Any other support you may need



#### **Care Alliance**

- Website Link: https://www.carealliance.org
- Address: Offers Three Locations Allows walk-ins
  - o St. Clair Clinic 1530 St. Clair Avenue, Cleveland, OH 44114
  - o Central Clinic 2916 Central Avenue, Cleveland, OH 44115
  - o Stokes Clinic 6001 Woodland Avenue, Cleveland, OH 44104
- Contact: 216-535-9100
- Hours: Open Monday Friday 8:00 a.m. until 5:00 p.m.
- Services: Care Alliance Health Center offers mental health counseling, medication assessment and medication prescribing for our primary care patients. Behavioral health services are provided in concert with primary care.

## **Signature Health**

- Website Link: https://www.signaturehealthinc.org/locations/
- Address: Lakewood 14701 Detroit Ave., 6th Floor Lakewood, OH, 44107
- Contact: 216-766-6080
- Hours: Monday Friday 8am-7pm
- Services: Signature Health is a non-profit, Federally Qualified Health Center providing mental health, addiction recovery, primary care and infectious disease services to patients across Northeast Ohio.
  - Offers walk-in and telehealth appointments

## St. Vincent Charity

- Website Link:
  - https://www.stvincentcharity.com/services-centers/behavioral-health-addiction-services/psyc hiatric-emergency-services
- Address: St. Vincent Medical Office Building 2322 East 22nd Street, Suite 200 Cleveland, OH 44115
- Contact:
  - o Geriatric Psychiatry: 216-363-2580, option 3
  - Outpatient Behavioral Health: 216-363-2580, option 3
  - Psychiatric Emergency Services: 216-363-2538
  - o Rosary Hall: 216-363-2580
- Hours: Monday through Friday 8:00 a.m. to 4:30 p.m
- Services: Offers care for a variety of mental health conditions, including addiction services



#### **Kindred Harbor Behavioral Health**

- Website Link: https://www.kindredharbor.org
- Address: 1440 Rockside Rd Suite 216, Parma, OH 44134
- Contact: 216-777-6062
- Hours: Monday 10am -7pm, Tuesday Friday 11 am 7 pm
- Services: Offers counseling, mental wellness services, LGBTQ+ affirming services, and therapeutic behavioral health services

#### **Additional Resources:**

- Cuyahoga County 24-Hour Suicide Prevention, Mental Health/Addiction Crisis, Information and Referral Hotline: 988 or (216) 623-6888
- **SAMHSA's National Helpline:** 1 (800) 662-HELP (4357) or TTY: 1 (800) 487-4889
  - This is a confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations.



#### SUBSTANCE ABUSE RESOURCES:

#### North Ohio Recovery Association (NORA)

- Website: https://norainc.org/
- Address: 1400 E 55th Street, Cleveland, OH, 44103
- Contact: (216) 391-6672
- Hours: Monday to Friday: 8:30 am 8:00 pm
- Services: Medication Assisted Treatment, Intensive Outpatient Treatment, Free Naloxone Distribution & Training, Emergency Substance Use Crisis Support:
  - Call NORA at 216-391-6672 during substance use crises for assistance

#### Salvation Army: Harbor Light

- Website:https://www.adamhscc.org/home/showpublisheddocument/6283/6383876520281 70000
- Address: 1710 Prospect Ave, Cleveland, OH, 4411
- Contact:
  - o General: (216) 781 3773
  - o Detox Admissions: (216) 781 -2121
  - o IOP Screening: (216) 781 -3773 ext. 185
- Hours: Monday to Friday: 8:00 am to 5:00 pm
- Services: Withdrawal Management, Medication Assisted Treatment (MAT), Intensive Outpatient Program (IOP), & Residential Treatment Program

#### The Centers:

- Website: https://thecentersohio.org/services/addiction/
- Address:
  - Uptown Office: 12201 Euclid Avenue, Cleveland, OH, 44106
  - o Gordon Square Office: 5209 Detroit Avenue, Cleveland, OH, 44102
- Contact:
  - o Uptown Office: (216) 721 4010
  - o Gordon Square Office: (216) 651 2037
- Hours *(for both locations):* Monday, Tuesday, Thursday, Fridays: 8:30 am 5:00 pm; Wednesdays: 8:30 to 7:30 pm
- Services: Medication Assisted Treatment (i.e. Suboxone, Subutex & Vivitrol), Intensive Outpatient Treatment, Individual & Group Therapy, Syringe Exchange Program, Partial Hospitalization Services. & Free Naloxone Kits



#### Stella Maris

• Website: https://www.stellamariscleveland.com/

• Address: 1320 Washington Ave, Cleveland, OH, 44113

• Contact: (216) 781-0500

• Hours: Monday to Friday: 8:00 am - 5:00 pm

• Services: Withdrawal Management (Detox), Inpatient Residential Treatment, Intensive Outpatient Services, & Supportive Housing

#### Saint Vincent Rosary Hall

• Website:

https://www.stvincentcharity.com/services-centers/behavioral-health-addiction-services/addiction-treatment-services-at-rosary-hall

Address: 2351 East 22nd St. #200, Cleveland, OH, 44115

• Contact: (216) 363-2580

• Hours: Monday to Friday: 8:00 am to 5:00 pm

• Services: Withdrawal management (Detox), Intensive Outpatient Services (IOP), Individual Counseling, & Residential Substance Use Treatment

## **Cleveland Clinic: Lutheran Hospital**

• Website:

https://my.clevel and clinic.org/locations/luther an-hospital/special ties/alcohol- and-drug-recovery-center

• Address: 1730 W 25th Street, Cleveland, OH, 44113

• Contact: (216) 696-4300

• Hours: Open 24 hours

• Services: Withdrawal management (Detox), Residential/Inpatient treatment, Medication Assisted Treatment (MAT) (i.e. Suboxone, Methadone), Intensive Outpatient treatment, & Partial Hospitalization

## **Community Medical Services**

• Website:

https://communitymedicalservices.org/locations/addiction-treatment-cleveland-ohio-on-c arnegie/

• Address: 2020 Carnegie Ave, Cleveland, OH, 44115

• Contact: (216) 859- 9500

• Hours: Monday to Friday: 5:30 am - 4:30 pm; Saturdays: 6:00 am - 10:00 am (*Walk-ins Accepted*)

• Services: Medication Assisted Treatment (MAT) (i.e Suboxone, Naltrexone, Methadone), Individual and Group Counseling, & Peer Support Groups



## **Thrive For Change**

- Website: https://thrive4change.org/
- Address: 29201 Aurora Road, Solon, OH, 44139
- Contact: Phone: (216) 598- 5647; Email: info@thrive4change.org
- Hours: Monday to Friday: 9:00 am 5:00 pm
- Services: Free Naloxone Distribution, Fentanyl Test Strip & Overdose Response Training, Harm Reduction & Anti-Stigma Education, & Social Support Programs

## **University Settlement**

- Website: https://www.universitysettlement.net/
- Address: 4800 Broadway Ave, Cleveland, OH, 44127
- Contact: (216) 641-8948
- Hours: Monday to Friday: 9:00 am 5:00 pm
- Services:Drug Counseling Services, & Prevention Services (Educational programs
  offered for children that are designed to educate on alcohol, tobacco, & and drug
  prevention topics)

## **B. Riley Sober House:**

- Website Link: https://www.brileysoberhome.org/
- Address: 2121 West 117th Street, Cleveland, OH, 44111
- Contact: (216) 417-4831
- Hours: Monday to Friday: 9:00 am to 5:00 pm; Saturday & Sunday: 9:00 am to 6:00 pm
- Services: LGBTQ+ & Ally Inpatient Drug and Alcohol Treatment Services (30 Day Residential Program), Partial Hospitalization Program (PHP), Intensive Outpatient Program (IOP), Recovery Housing, Group Counseling & Halfway House Program

# CHOICES Behavior Health (Chemical/Opiod Treatment AOD Services for Youth & Adults)

- Website: https://choicesbhc.com/
- Address: 3868 Carnegie Avenue, Cleveland, Ohio, 44115
- Contact: (216) 881-4060
- Hours: Monday to Thursday, 09:00 am 05:00 pm; Friday 09:00 am to 04:00 pm
- Services: Diagnostic Assessments, Counseling (Individual, Group, Family) & Medication Assisted Treatment (MAT)



#### **United Way of Greater Cleveland (First Call for Help Drug Info Program)**

- Website Link: https://www.unitedwaycleveland.org/
- Address: 1331 Euclid Ave, Cleveland, OH, 44115
- Contact: (216) 436 2100
  - Dial 211 for a helpline for immediate assistance during emergency situations. This
    number can also be used to get in touch with a representative to help connect you
    or a loved one to resources for managing substance abuse
- Hours:
  - Office Hours: Monday to Friday: 08:30 am to 05:00 pm
  - The 211 phone line can be dialed 24/7 for immediate assistance
- Services:
  - Counseling Services, Support Groups, Assistance connecting individuals with local detox, residential, and outpatient treatment centers, & Emergency assistance (Dial 211)

#### **Hispanic UMADAOP:**

- Website Link: https://www.humadaop.org/
- Address: 3305 West 25th Street, Cleveland, OH, 44109
- Contact: (216) 459 1222
- Hours: Monday to Friday: 09:00 am to 05:00 pm
- Services: Provides Substance Abuse treatment geared for Hispanic individuals in the Cleveland Area; all staff members are fully fluent in both Spanish & English
  - Residential Treatment, Substance Abuse Disorder Case Managment, Individual and Family Counseling, Intensive Outpatient (IOP), Outpatient Services, & Crisis Intervention

#### **Signature Health MAT:**

- Website Link:
  - https://www.signaturehealthinc.org/addiction/medication-assisted-treatment-mat/
- Address:
  - Varies depending on selected location
  - Offices located in Painesville, Lakewood, Maple Heights, Willoughby, and Ashtabula
- Contact: (440) 578-8200
- Hours: Monday to Friday: 07:30 to 05:00 pm
- Services: Medication Assisted Treatment & Intensive Outpatient Services



## **MetroHealth Recovery Services:**

- Website Link: https://www.metrohealth.org/behavioral-health-services/recovery-services
- Address:
  - o MetroHealth Parma Medical Center:
    - 12301 Snow Road, Parma, Ohio, 44130
  - MetroHealth Broadway Health Center: 6835 Broadway Ave, Cleveland, Ohio, 44105
- Contact:
  - o General MetroHealth Recovery Services: (216) 778 4428
  - o MetroHealth Parma Medical Center: (440) 592 3710
  - o MetroHealth Broadway Health Center: (216) 957 -1553
- Hours: Open 24/7
- Services: Substance Use Assessments, Medication Assisted Treatment (MAT), Intensive Outpatient Program (IOP), & Individual Addiction Counseling

#### Y-Haven - Residential Treatment and Recovery Center

- Website: https://www.clevelandymca.org/y-haven
- Address: 6001 Woodland Ave, Suite 703, Cleveland, Ohio, 44104
- Contact: 216-431-2018
- Hours: Open 24 hours
- Services: Specializes in serving adults who have experienced homelessness, who are returning to the community after incarceration, and those who are seeking to recover from Opiod Use Disorder. Includes Residental Substance Use Disorder treatment, Recovery Housing, Residential Treatment, Intensive Outpatient Program (IOP), Case management
  - \*Y-Haven serves individuals regardless of ability to pay

## **Project White Butterfly**

- Website Link: https://projectwhitebutterfly.org/
- Address: Varies depending on the selected location of volunteer service events hosted by the organization
- Contact: Email: support@projectwhitebutterfly.org; Phone: (216) 727-8725
- Hours: Monday to Friday: 09:00 am to 05:00 pm
- Services: Distribution of free Narcan and Fentayl test strips at various sites across Cleveland; Distrubutes of personal handwritten notes of encouragement to community members currently struggling with addiction; Assists individuals with substance abuse disorders connect with local resources and support



## **Narcotics Anonymous**

- Website: https://brscna.com/
- Address & Hours: Locations & hours vary: Find a meeting near you HERE
- Contact:
  - Buckeye Regional Service Committee of N.A. serving Cyahohga County: (888)
     438 4673
  - Call 1-888-GET-HOPE to get in contact with a recovering addict for one-on-one assistance
- Services: Peer support groups that meet to support joint sobriety from illicit substances

## **Alcoholics Anonymous Cleveland**

- Website: https://www.aacle.org/what-is-aa/
- Address: 1557 St. Clair Ave NE, Cleveland, OH, 44114
- Contact: Alcoholics Anonymous Cleveland District Office: (216) 241 7387
- Hours: Monday to Friday: 09:00 am to 05:00 pm
- Services: Peer-led social support group focusing on alcohol addiction recovery

#### **AL-ANON/Alateen**

- Website:
  - Al-Anon: https://www.clevelandal-anon.org/contact/
  - Alateen: https://www.clevelandal-anon.org/alateen/
- Address: 14900 Detroit Ave., Ste. 308, Lakewood, OH, 44107
- Contact: (216) 621 -1381
- Hours: Monday to Thursday: 9:30 am to 3:30 pm
- Services: Support group for individuals whose lives have been affected by family members or friends struggling with substance abuse disorders; Alateen is a subgroup of Alanon, and is a peer support group geared for teenagers struggling with the effects of someone else's drinking problem
  - Find an Alanon meeting here: https://al-anon.org/al-anon-meetings/find-an-alateen-meeting/
  - Find an Alateen meeting here:
  - o https://al-anon.org/al-anon-meetings/find-an-alateen-meeting/



## **Cocaine Anonymous Ohio**

- Website Link: https://www.caohio.org/meetings/
- Address: Varies depending on selected meeting location
- Contact: (216) 220-9899
- Hours: Varies depending on preferred meeting times
- Services: Support group for individuals struggling with cocaine addiction
  - o Find a meeting near you HERE: https://www.caohio.org/meetings/clevemeetings/

#### **Cleveland Treatment Center**

- Website Link: clevelandtreatmentcenter.org
- Address: 1127 Carnegie Ave, Cleveland, Ohio, 44115
- Contact: (216) 861 4246
- Hours: Monday to Friday: 6:00 am to 5:00 pm; Saturday & Sunday: 6:00 am to 1:30 pm
- Services: Medication Assisted Treatment; Peer Support, &Transitional Services for Homeless Adults

#### **Community Action Against Addiction**

- Website Link: :caaadiction.org
- Address: 5209 Euclid Ave., Cleveland, Ohio 44103
- Contact: (216) 881 -0765
- Hours: Monday to Friday: 6:00 am to 4:00 pm; Saturdays: 6:00 am to 12:00 pm
- Services: Medication Assisted Treatment, Outpatient Treatment, Peer Support, SUD Recovery Supports, Background Checks, & Urinalysis Screenings

#### **Community Assessment & Treatment Services**

- Website Link: communityassessment.org
- Address: 8411 Broadway Ave., Cleveland, OH 44105
- Contact: (216) 441 0200. After Hours Intake Number: (216) 206 -5206
- Hours: Monday to Friday: 08:00 am to 04:30 pm
- Services: Intensive Outpatient Treatment. Residential Treatment, Recovery Housing, Medication Assisted Therapy, Individual Counseling, Urinalysis & Case Management



## **Women's Recovery Center**

• Website Link: womensctr.org

• Address: 6209 Storer Ave., Cleveland, OH 44102

• Contact: (216) 651-1450

• Hours: Monday to Friday: 9:00 am to 5:00 pm

• Services: SUD Peer Support for Women, Intensive Outpatient, Outpatient Services, Trauma Groups, & Onsite AA Meetings (Wednesdays at 06:00 pm)

## **Recovery Resources (Affiliated with MetroHealth)**

• Website Link: recres.org

• Address:

Old Brooklyn Location: 4269 Pearl Rd., Cleveland OH 44109

o Lakewood Location: 14805 Detroit Road, Lakewood, OH, 44107

• Contact:

o Phone: (216) 431-4131

o Email: intakereferrals@recres.org

• Hours:

• Monday to Friday: 8:00 to 4:30 pm (Appointment Only)

• Walk-In Hours for Old Brooklyn Location:

■ Monday to Friday: 8:00 am to 2:00 pm

• Services: Medication Assisted Treatment, Intensive Outpatient Treatment, Outpatient Treatment, Partial Hospitalization Program, & SUD Prevention Educational Services



#### FOOD INSECURITY RESOURCES:

## A.C.E ministry Affinity Baptist Church

• Location: 4411 E 175th St Cleveland, OH 44128

• **Phone**: 216-283-4365

• **Hours**: Fourth Saturday 11:01am-2:00pm

• Services: Pantry

## Lee Seville Miles Hunger Center

• Location: 16718 Miles Ave Cleveland, OH 44128

• **Phone**: 216-752-9384

• Hours: Monday & Wednesdays 11am-1pm

## **Harvard Community service center**

• Location: 18240 Harvard Ave Cleveland, OH 44128

• **Phone**: 216-491-3318

• Hours: Tuesday and Wednesday from 9am-2pm

## **Bridge of Hope Center**

• Location: 3949 Lee Rd Cleveland, OH 44128

• **Phone**: 216-320-7172

• **Hours**: first and third Saturday from 9am-12pm

#### **Southeast seventh day Adventist (mobile pantry)**

• Location: 16602 Tarkington Ave Cleveland, OH 44128

• **Phone**: 216-218-0741

• Hours: second Friday from 10am-12pm April- October

#### St. Catherine church

• Location: 9412 Heath Ave Cleveland, OH 44104

• **Phone**: 440-526-1686 (St. Basil)

• **Hours**: Tuesdays and Thursdays from 9:30-11am

#### The Church C.O.G.I.C

• Location: Kinsman Rd Cleveland, OH 44104

• **Phone**: 216-341-0385

• **Hours**: Third Saturday: 10am-12pm



## Lift up vikes (pantry)

• Location: 1899 E 22nd St Cleveland, OH 44115

• **Phone**: 216-687-5105

Hours: Tuesday 12:00 PM - 2:00 PM; 4:00 PM - 6:00 PM, Wednesday 2:00 PM - 5:00 PM, Thursday 12:00 PM - 2:00 PM, Friday 1:00 PM - 4:00 PM

#### **Church of God and Saints of Christ (mobile pantry)**

• Location: 3561 Independence Rd Cleveland, OH 44105

• **Phone**: 216-407-1902

• Hours: first Thursday 4pm-6pm all year

## **Project hope (pantry)**

• Location: 233 Tuxedo Ave Independence, OH 44131

• **Phone**: 216-739-3702

• **Hours**: Monday-Thursday 8:30-3:30 by appointment

## **Bethany Christian Church**

• Location: 2940 Martin Luther King Jr Dr Cleveland, OH 44105

• **Phone**: 216-409-7258

• **Hours**: Last Wednesday 4pm-5:45pm

• Services: Hot meals

#### St. Andrew's Episcopal Church

• Location: 2171 E 49th St Cleveland, OH 44103

• **Phone**: 216-391-2632

• Hours: Second and third Fridays from 5pm-7pm

• **Services**: Hot meals

## Faith community center

• Location: 2355 E 55th St Cleveland, OH 44104

• **Phone**: 216-881-8816

• **Hours**: Wednesday 12pm-1pm

• **Services**: Hot meals



## **Antioch Baptist Church**

• Location: 8869 Cedar Ave, Cleveland, OH 44106

• **Phone**: 216-322-4842

• Hours: Monday, Tuesday, and Thursdays from 11am-12pm

• **Services**: Hot meals

## **Liberty Hill Baptist Church**

• Location: 8206 Euclid Ave Cleveland, OH 44103

• **Phone**:216-791-5841

• **Hours**: Third Saturdays from 11am-1pm

• **Services**: Hot meals

#### **West Side Catholic Center**

• Location: 3135 Lorain Ave Cleveland, OH 44113

• **Phone**:216-631-4741

• Hours: Breakfast Monday-Saturday 9am-10am

• **Services**: Hot meals

#### **Thea Bowman Center**

• Location: 11901 Oakfield Ave Cleveland, OH 44105

• **Phone**: 216-491-0699

• **Hours**:Saturday: 11am-12:30pm

• **Services**: Hot meals

#### Saint John Paul Ozanam Ctr

• **location**: 8328 Broadway Ave Cleveland, Oh 44105

• **Phone**: 440-554-8370

• Hours: Saturdays 9:30am-12:00pm

• Services: Pantry

## Salvation Army-Miles Park

• Location: 4139 E 93St Cleveland, OH 44105

• **Phone**: 216-341-1640

• **Hours**: Last Wednesday of the month from 12:00pm-1pm (hot meals) and wednesdays 9:30am-12:00pm (pantry)

• Services: Hot Meals and pantry



## **Community of Faith Assembly**

• Location: 5949 Engel Ave Cleveland, OH 44127

• **Phone**: 216-883-5036

• Hours: Fourth Wednesday from 10am-1pm, April-December

• **Services**: Mobile pantry

## From Darkness to Light

• Location: 3555 E 91st St Cleveland, OH 44105

• **Phone**: 800-335-8834

• Hours: Second and Fourth Sunday from 11am-3pm by appointment only

• Services: Pantry

## **Garfield Human Development Co**

• Location: 9403 Garfield Blvd Garfield Hts, OH 44125

• **Phone**: 216-217-5532

• **Hours**: Third Saturday of the month from 10am-12pm

• Services: Pantry

## St. Augustine Center

• Location: 2486 W 14th St

• **Phone**: 216-781-5530

• Hours: Lunch: M-F from 11am-12:30pm AND Sat from 11am-2pm

• **Services**: Dine in Meals

## **Cosgrove Center/ Catholic Charities**

• Location:1736 Superior Ave

• **Phone:**216-781-8262

• Hours:Breakfast: M-F from 8-9am Lunch: M-F from 11:30am-1:30pm

• **Services**: Hot meals

#### St. Herman's

• Location:4410 Franklin Blvd - use side door

• **Phone**:216-961-3806

• **Hours**:Breakfast: Daily from 7:30-9am Lunch: Daily from 11:30am-Noon Dinner: Daily from 5:30-6pm

• **Services**:Hot meals



## St. Malachi Church

- Location: W 25th & Washington School Bldg, Lower Hall
- **Phone**:216-861- 5343
- **Hours**:Breakfast: Sat from 9am-Noon Lunch: M-F from 10am-1pm AND Sat from 9am-Noon Dinner: Mon from 5-7pm
- Services: Hot Meals and \*Free produce and other food on TH from 8:30-10am

#### St. Patricks Church

- Location: 3608 Bridge Ave Lower Hall, Side Door
- **Phone**: 216-631-6872
- **Hours**: Dinner: Tues, Thurs from 5-6pm \*Food Pantry: 1st, 3rd, 5th Wed from 9:30am-Noon
- Services: Hot Meals and Pantry

## St. Philip Neri Family Center

- Location: 799 E 82nd StPhone: 216-426- 9870
- **Hours**: Lunch: Wed from 11:30am-12:30pm \*Food pantry last Friday of each month from 9am-Noon
- Services: Hot meals and Pantry



#### PHYSICAL HEALTH RESOURCES:

## **Cleveland Department of Public Health**

- https://www.clevelandhealth.org/programs/health/health\_centers/
- J. Glen Smith Health Center: 11100 St. Clair Ave., Cleveland, OH 44108
- T.F. McCafferty Health Center: 4242 Lorain Ave., Cleveland, OH 44113
- Phone: (216)664-2324 for general information
- Text (TTY/TDD): (800) 750-0750 or 711
- Hours: Monday-Friday 9:00am-5:00pm
- Services: Childhood immunizations (see website for details), seasonal flu vaccinations for adults and children (insurance cards accepted), TB testings (\$5.00/test), pregnancy testing (sliding fee scale), reproductive health clinic (STI testing, counseling, family planning, and treatment) (insurance accepted/sliding fee scale is available), HIV testing and counseling.

#### The Centers (formerly Circle Health Services)

- https://thecentersohio.org/for/health/
- East Office at Nancy Lyon: Porter Building, 4400 Euclid Ave., Cleveland, OH
- Southwest Office: 5955 Ridge Rd., Parma, OH
- West Office: 3929 Rocky River Dr., Cleveland, OH
- Gordon Square Office: 5209 Detroit Ave., Cleveland, OH
- Uptown Office: 12201 Euclid Ave., Cleveland, OH
- Phone: (216)325-WELL(9355)
- Hours: flexible hours, urgent care, same-day appointments, walk-in hours for some services, on-call 24/7 for emergencies
- Services: lead screening, childhood immunizations, seasonal flu vaccinations for adults and children, TB testing, pregnancy testing, reproductive health clinic, HIV testing and counseling.

#### **CWRU Dental Clinic**

- https://case.edu/dental/patients-clinics/becoming-patient
- 9601 Chester Ave., Cleveland, OH 44106
- Phone (Adult Appointments): (216)368-8730
- Phone (Pediatric Appointments): (216)368-6185
- Hours: Monday-Friday 8:30am-5:00pm
- Services: Nearly all aspects of dental care available including: general dentistry and speciality clinics (Craniofacial Orthodontics, Endodontics, Oral and Maxillofacial Surgery, Orthodontics, Pediatric Dentistry, Periodontics)



#### Medworks - Cleveland

- <a href="https://medworksusa.org/">https://medworksusa.org/</a>
- 1400 E. 105th St., Cleveland, OH 44106
- Phone: (216)231-5350
- Email: <u>info@medworkdsusa.org</u>
- Hours: Varies, please see website for 2024 clinic schedule
- Services: Large-scale medical, dental, vision, and women's health clinics targeted towards those uninsured and underinsured in the Greater Cleveland area.

## Free Medical or Dental Assistance Programs

- <a href="https://www.needhelppayingbills.com/html/cleveland-free-community-clini.html">https://www.needhelppayingbills.com/html/cleveland-free-community-clini.html</a>
- Services: Free health centers can provide dental and medical care to the low income in the community, for children, adults, and elderly. Please see the website for more information on local clinics.

#### **Collinwood Health Center NEON**

- https://www.neonhealth.org/
- 15322 St. Clair Ave., Cleveland, OH
- Phone: (216)851-1500
- Hours: Monday-Friday 8:30am-5:30pm
- Services: primary care services (family medicine, adult medicine, pediatrics, geriatrics, obstetrics and gynecology). On-site ancillary services include laboratory, pharmacy, X-ray, mammography, and ultrasound.

#### Care Alliance Health Centers, Medical, Dental and Behavioral Health

- https://www.carealliance.org/
- St. Clair Clinic: 1530 St. Clair Ave., Cleveland, OH 44114
- Central Clinic: 2916 Central Ave., Cleveland, OH 44115
- Stokes Clinic: 6001 Woodland Ave., Cleveland, OH 44104
- Phone: (216)535-9100
- Hours: Monday-Friday 8:00-5:00pm
- Services: Primary medical care, dental, vision services, behavioral health, podiatry, HIV services and support, telehealth, pharmacy, COVID-19.

#### **Medicare Resource Agency**

- <a href="https://www.resourcemedicare.com/">https://www.resourcemedicare.com/</a>
- 5311 Northfield Rd., Bedford Heights (need referral from case manager)
- Phone: (216)662-8729



## **MetroHealth Medical Center**

- <a href="https://www.metrohealth.org/">https://www.metrohealth.org/</a>
- 2500 MetroHealth Dr., Cleveland, OH 44109
- Phone: (216)778-7800

## **Ohio City Health Center (MetroHealth Location)**

- https://www.metrohealth.org/locations/ohio-city-health-center
- 4757 Loraine Ave., Cleveland, OH 44102
- Phone: (216)696-3876
- Hours (Health Center): Monday-Friday 9:00am-5:00pm
- Services: Billing, cardiology, child and adolescent behavioral health, radiology, social work, express care, pediatrics, primary.

#### **CC Steph. Tubbs Jones Health Center**

- <a href="https://my.clevelandclinic.org/locations/stjhc">https://my.clevelandclinic.org/locations/stjhc</a>
- 13944 Euclid Ave.
- (216)767-4242
- Hours: Vary by service. Facility open: Monday-Friday 8:00am-7:30pm. Saturday-Sunday 8:00am-3:30pm
- Services: Express care, imaging, laboratory, mammography, and pharmacy.

#### St. Vincent Charity Medical Center

- https://www.stvincentcharity.com/
- 2351 E 22nd St.
- (216)861-6200
- Hours: Vary by service.
- Services: Behavioral health, addiction medicine (Rosary Hill), psychiatric emergency services (open 24/7), occupational health, urgent care (Monday-Friday 8:00-5:00pm, 24/7 virtual), primary care.

## **Superior Health Center NEON**

- <a href="https://www.neonhealth.org/">https://www.neonhealth.org/</a>
- 12100 Superior Ave.
- (216)851-2600
- Hours: Monday-Friday 8:30am-5:30pm
- Services: See Collinwood Health Center NEON above.



## **Faith Baptist Community Center**

- <a href="http://freehope.org/">http://freehope.org/</a>
- 2355 E. 55th St.
- (216)881-8816 (call for appointment, walk-ins are not guaranteed)
- Hours: Medical Clinic: Thursdays 9:30am-4:00pm, Saturdays 9:30am-12:00pm
- Eye Clinic: Two Wednesdays per month 1:00-4:00pm
- Pregnancy Clinic: Thursdays 9:30am-2:00pm, Saturdays 11:00am-2:00pm
- Services: Medical care, eye (Exams for eye health and diseases, not corrective lenses, reading glasses available for minimal cost), pregnancy support

#### **Central Outreach Wellness Center**

- https://www.centraloutreach.com/#
- 2040 Lee Rd., Cleveland Heights, 44118
- (216)350-1000 (call for appointment, accepts walk-ins)
- Hours: Monday 11:00am-7:00pm, Tuesday-Thursday 9:00am-5:00pm, Friday 10:00am-5:00pm
- Services: HIV & PrEP, STD testing, transgender healthcare\*, Hepatitis C testing & care, mental health

#### **Mental Health Crisis Lines**

- Ohio Suicide and Crisis Lifeline: 988 (available 24/7)
- Ohio CareLine toll-free emotional support: 1-800-720-9616



#### **HOUSING RESOURCES:**

**For Immediate Shelter:** Call 216.674.6700, 8 am - 8 pm, Monday - Friday **Housing with Animals:** It can be easier to secure housing with your pets if they are listed as an Emotional Support Animal (ESA). This is done through connection with a mental health professional who can write you a letter that you then provide a landlord with. Please see the health resources for this information.

#### **CHN Housing Partners**

- Website Link: https://chnhousingpartners.org/
- Address: 2999 Payne Ave., Suite 134, Cleveland, OH 44114
- Contact: Kate Carden at 216.325.1150 or KCarden@chnhousingpartners.org
- Hours: Mon Fri: 8:30 AM 5 PM
- Services: Assistance with renting, leasing, or buying affordable housing, as well as utility bill assistance, foreclosure/eviction prevention services, free tax preparation, financial and student debt counseling, group classes (e.g., homebuyer preparation, computer, and Internet), and energy and weatherization services to eligible households (e.g., home insulation, refrigerator replacement)

#### **Southeast Cleveland Resource Center**

- Website Link: https://www.southeastclevelandrc.org/scrc-home
- Address: 5211 Fleet Ave, Cleveland, OH 44105
- Contact: Ms. Meeka at 216.266.0278
- Hours: Mon Fri: 10:00 AM 5 PM
- Services: General resource center assisting in housing applications, emergency housing placement, SNAP applications, emergency rent and utility help, and more

#### **Homeless Hookup CLE**

- Website Link: https://homelesshookupcle.org/
- Address: Mobile Unit, mailing address is P.O. BOX 23322, Chagrin Falls, OH, 44023
- Contact: 216.236.3387 or contact@homelesshookupcle.org
- Hours: Hours vary, contact for more information
- Services: Provide mobile outreach services with the intention of restoring dignity regardless of an individual's living situation, have found housing for individuals with their pets in the past



#### Laura's Home Women's Crisis Center

- Website Link: https://thecitymission.org/our-services/lauras-home/
- Address: 5310 Carnegie Avenue, Cleveland, OH 44103
- Contact: Michael Hahn at 216-431-3510 or mhahn@thecitymission.org
- Hours: Open 24/7
- Services: Emergency shelter, hot meals, permanent housing connection, clothing, hygiene products, 24 hour security, introductory support groups, assignment to personal caseworker, limited beds for short-term emergency stays, professional, onsite childcare and tutoring at Laura's home, connections to housing and employment resources

## Eden Housing (Requires a Referral)

- Website Link: https://www.edencle.org/programs
- Address: 7812 Madison Avenue, Cleveland, OH 44102
- Contact: 216-961-9690
- Hours: Mon Fri: 8:30 AM 5 PM
- Services: Upon experiencing homelessness and going to an emergency shelter, you can referred here for more permanent connection to different housing solutions, depending on your needs

#### U.S. Department of Housing and Urban Development

- Website Link: <a href="https://www.hud.gov/">https://www.hud.gov/</a>
- Address: North Point Tower, 1001 Lakeside Avenue, Rm #350, Cleveland, OH 44114
- Contact: (216) 357-7900
- Hours: Mon Fri: 9:00 AM 4 PM
- Services: Rental assistance, local public housing locator and connection, property inspections, homeownership information and support, rent relief resources, and fighting against housing discrimination

#### Zelie's Home

- Website Link: https://www.zelieshome.org/how-to-apply
- Address: Exact address provided upon intake, mailing address is P.O. Box 25612, Garfield Heights, OH 44125
- Contact: 216-282-8053
- Hours: 24/7, intake Mondays 9:00 AM 8:00 PM and Wednesday 12:00 PM 5:00 PM
- Services: Zelie's Home welcomes pregnant women that are in need of support, empowerment, and housing from a caring community



#### MetroHealth: The Mom's Home

- Website Link: <a href="https://www.metrohealth.org/obgyn/the-moms-house">https://www.metrohealth.org/obgyn/the-moms-house</a>
- Address: 2500 MetroHealth Drive, Cleveland, OH 44109
- Contact: 216-778-7800 and ask for The Mom's Home
- Hours: 24/7 services, Intake 8:00 am 4:30 pm
- Services: Housing and related services for mothers experiencing substance use disorders

#### **Northeast Ohio Coalition for the Homeless (NEOCH)**

- Website Link: <a href="https://www.neoch.org/streetoutreach">https://www.neoch.org/streetoutreach</a>
- Address: 3631 Perkins Ave, Suite 3A-3, Cleveland, OH 44114
- Contact: (216) 432- 0540; Referrals to shelter: (216) 674 -6700
- Hours: Monday to Friday: 9:00 am to 5:00 pm
- Services: Provides outreach services by assisting individuals experiencing homelessness in finding available shelters in the Cleveland area.

#### **Step Forward Today: Energy Assistance Program**

- Website Link: <a href="https://www.stepforwardtoday.org/energy-assistance-programs">https://www.stepforwardtoday.org/energy-assistance-programs</a>
- Address: 2203 Superior Avenue, Cleveland, OH, 44114
- Contact:(216) 350 8008
- Hours: Monday to Friday: 8:00 am to 5:00 pm
- Services: Provides Cuyahoga County residents with six different assistance programs and services to help pay utility bills including winter heating, air conditioning, water, or electric bills. Individuals must have an appointment to receive assistance.

#### The Legal Aid Society of Cleveland

- Website Link: https://lasclev.org/apply-for-free-legal-aid/
- Address: 1223 West Sixth Street, Cleveland, OH, 44113
- Contact: (216) 861 5500
  - Apply for assistance online here:
     <a href="https://clevelandlegalaidoi.legalserver.org/modules/matter/extern\_intake.php?pid=131&h=6637a1&">https://clevelandlegalaidoi.legalserver.org/modules/matter/extern\_intake.php?pid=131&h=6637a1&</a>
- Hours: Mondays to Fridays: 9:00 am to 5:00 pm
- Services: Handles civil legal issues (including those related to health, housing, family, money, and work) free of charge for individuals with low income; their Housing Justice Alliance specifically focuses on eviction cases for those with housing instability



## **Cleveland Mediation Center**

- Website Link: <a href="https://www.clevelandmediation.org/landlord-tenant-mediation">https://www.clevelandmediation.org/landlord-tenant-mediation</a>
- Address: 1744 Payne Ave. Cleveland OH 44114
- Contact: 216-621-1919
- Hours: Monday Friday, 9 am 5pm
- Services: CMC meets with tenants who are behind in their rent and helps the tenant fill out forms to apply for rental assistance from CHN Housing Partners. CMC then contacts the landlord to schedule a mediation.

## **Cuyahoga Metropolitan Housing Authority (CMHA)**

- Website Link: <a href="https://www.cmha.net/housing/applicants/housing-choice-vouchers.php">https://www.cmha.net/housing/applicants/housing-choice-vouchers.php</a>
- Address: 8120 Kinsman Road, Cleveland, OH 44104-3101
- Contact: 216-431-1471, option 6
- Hours: Monday Friday, 8:00 am 5 pm
- Services: Has a voucher program that provides rental assistance to help low-income persons afford decent and safe rental housing.

## **Northern Ohio Recovery Association**

- Website Link: https://norainc.org/residential-support/
- Address: 1400 E 55th St. Cleveland, OH 44103
- Contact: 216-391-6672
- Hours: Monday Friday 8:30 AM 4:00 PM
- Services: Homeless Men and women who recently completed substance abuse treatment or are currently receiving outpatient substance abuse treatment can expect to receive supportive services such as affordable housing, access to an onsite nurse, 3 hot meals per day, assistance with locating affordable permanent housing, domestic violence education services, child care services, assistance with employment readiness training and employment leads, referral assistance for substance abuse counseling and treatment, peer to peer support, and E.D courses/ trade certifications through partnership with CCC



#### JOB PLACEMENT SERVICES:

## **Towards Employment**

• Website: https://www.towardsemployment.org/job-seekers/.

• Address: 3301 St. Clair Ave, Cleveland, Ohio 44114

• Contact: 216-696-5750

• Hours: Orientation Monday 10:30am

• Services: Young adult resources (18-24), provide services to those involved in the criminal justice system, career readiness training, legal assistance, employer network, technical skill building, continued career coaching

## Cuyahoga Job and Family Services Virgil E. Brown Center

• Website Link: <a href="https://hhs.cuvahogacountv.gov/divisions/detail/job-and-family-services">https://hhs.cuvahogacountv.gov/divisions/detail/job-and-family-services</a>.

• Address: 1641 Payne Ave, Ste. 520, Cleveland, Ohio 44114

• Contact: 216-987-6640

• Hours: Monday - Friday; 9:00 am - 4:00 pm

• Services: Determine eligibility for programs including Medicaid, supplemental nutrition assistance program (SNAP), temporary assistance for needy families (TANF), prevention, retention, and contingency (PRC), childcare assistance, and work programs, a comprehensive case management and employment program (CCMEP) provides employment and training services to eligible, low-income individuals between the ages of 14-24, workforce training, development, and resources

#### **Job Corps (age 16-24)**

• Website: <a href="https://cleveland.jobcorps.gov/">https://cleveland.jobcorps.gov/</a>.

• Address: 13421 Coit Road, Cleveland, Ohio 44110

• Contact: 216-541-2500 (must call first)

• Hours: M-F; 8am-5pm

• Services: eligibility: 16-24 years old, low-income eligible individuals, meet citizenship, residency, or DACA status requirements, and meet background requirements; supportive community to work with full of resources; earn a high school diploma or equivalent and gain skills to be successful in a career; training opportunities are in fields that include: construction, healthcare, manufacturing, and finance and business; take training and education and put it into action with a job; campus benefits: housing, basic medical care, nutritious meals, books, and supplies, living allowance, training clothing, child-care, campus activities, student organization, and wellness and recreation centers



## **Ohio Means Jobs**

• Website: <a href="https://omjcc.cuyahogacounty.gov/">https://omjcc.cuyahogacounty.gov/</a>.

• Address: 1910 Carnegie Ave, Cleveland, Ohio 44115

Contact: 216-777-8200Hours: M-F; 8am-4:30pm

• Services: Equal access services, career matching and referral assistance, one-on-one help creating a resume, career help for young adults, help applying for education or training, workshops on interviewing, self-marketing, computer literacy, job applications, and resume building, certification program for job training

## **Opportunity for Ohioans with Disabilities**

Website: <a href="https://ood.ohio.gov/">https://ood.ohio.gov/</a>.Address: 14650 Detroit Ave #200

Contact: 216-227-3250Hours: M-F; 8am-5pm

• Services: Provide vocational rehabilitation counselors to provide one on one employment support to Ohioans with disabilities

## Job & Career Training @ St. Wendelin

• Website: <a href="https://www.ccdocle.org/programs/job-career-training">https://www.ccdocle.org/programs/job-career-training</a>

• Address: 2265 Columbus Rd., Cleveland, OH 44113

• Contact: 216-391-4415

• Hours: Monday-Friday 8:30am-4:30pm

• Services: Basic computer training, community health worker training, customer service training, job club, job readiness training, child development associate (CDA)

#### **West Side Catholic Center (Workforce Development Center)**

• Website: https://www.wsccenter.org/workforce-development.

• Address: 3135 Lorain Ave, Cleveland, Ohio 44113

Contact: 216-631-4741Hours: M-F; 9am-4pm

Services: assessment on client's strengths, interests, skills, and barriers to make resources
personalized; employment clinics – resume building, interview preparation, networking,
motivation, conflict resolution, stress management, team building; job development –
match client based on skills and interests to employer with corresponding needs;
employment mentoring



## **Towards Employment**

• Website: <a href="https://www.towardsemployment.org/cleveland-neighborhood/#partners">https://www.towardsemployment.org/cleveland-neighborhood/#partners</a>.

• Address: 3301 St. Claire

• Contact: 216-696-5750 (phone calls only)

• Hours: M-F; 8am-4:30pm

• Services: Provide help with training credentials and/or employment through community organizers

## The Centers - El Barrio Centers for Workforce Development - English and Spanish

• Website Link: <a href="https://thecentersohio.org/services/training-and-job-search/">https://thecentersohio.org/services/training-and-job-search/</a>.

• Address: Gordon Square Office, 5209 Detroit Avenue, Cleveland Ohio 44102

• Contact: 216-325-9675

• Hours: M-F; 8:30 am - 5:00 pm

Services: Job support offered for free, including a four week training with various tracks
to choose from, skill building including resume writing and interview practice,
one-on-one job search and placement services, young adult employment connection with
cash incentives and transportation support for ages 18 - 24, supportive services up to 6
months after employment

## **Step Forward**

• Website: <a href="https://www.stepforwardtoday.org/1professional-development">https://www.stepforwardtoday.org/1professional-development</a>.

• Address: 1801 Superior Avenue Suite 400 Cleveland, OH 44114

Contact: 216-357-2621Hours: M-F; 8am-5pm

• Services: Assessment to determine personal interests, assess skills, set goals, and establish a plan to achieve them with training classes, workshops and certifications (including MedCert online certification program), one day job placement assistance, community resources board/job leads

#### **Ohio Guidestone**

• Website: <a href="https://ohioguidestone.org/services/job-training/">https://ohioguidestone.org/services/job-training/</a>

• Address: 343 West Bagley Road Berea, Ohio 44017

• Contact: 844-622-5564

• Services: Job training in sectors such as construction, healthcare, customer service, and manufacturing - support in addition to training, including transportation, childcare, and education connection



## Aspire Greater Cleveland - Cuyahoga County Public Library

- Website: <a href="https://cuyahogalibrary.org/services/adult-education/aspire-greater-cleveland">https://cuyahogalibrary.org/services/adult-education/aspire-greater-cleveland</a>
- Address: 5225 Library Lane Maple Heights, Ohio 44137
- Contact: 833-277-4732
- Hours: Monday Thursday, 9:00 AM 9:00 PM Friday & Saturday, 9:00 AM 5:30 PM Sunday, 1:00 – 5:00 PM
- Services: We provide FREE comprehensive adult education services in Cleveland and throughout Cuyahoga County in collaboration with Cleveland Public Library, Cuyahoga County government and Cuyahoga County Public Library, with support from the Ohio Department of Education's Aspire program and United Way.

## **Dress for Success Cleveland (Women only)**

- Website: https://cleveland.dressforsuccess.org/client-services/.
- Address: 2239 East 55<sup>th</sup> Street Cleveland, Ohio 44103
- Contact: 216-391-2301, 216-391-2321 (Program Manager)
- Hours: M-Th; 9am-4:30pm
- Services: Help unemployed and underemployed women achieve economic independence through securing employment, sustaining employment, improving financial acumen and economic stability. Specifically provide Women2Women mentoring, a powerful women's group, Career center, lunch n learns, and workshops.

#### **Vocational Guidance Services**

- Website Link: <a href="https://vgsjob.org/programs/">https://vgsjob.org/programs/</a>.
- Address: 2239 East 55th Street, Cleveland, Ohio 44103
- Contact: Laura Lamb for services lauralamb@vgsjob.org or 216-881-6033
- Hours: Monday to Friday: 9:00 am to 6:00 pm
- Services: Job placement services for individuals with disabilities, including vocational rehabilitation and community based work site programs that focus on teaching important workplace readiness skills as well as technical training.

## **Youth Opportunities Unlimited – The Halle Building (ages 14-24)**

- Website Link: https://www.voucle.org/.
- Address: 1228 Euclid Avenue, Ste. 200, Cleveland, Ohio 44115
- Contact: 216-566-5445
- Hours: Monday to Friday: 8:00 am to 4:30 pm
- Services: Assists young adults aged 14 24 living in under-resourced areas in Northeast Ohio enter the workforce by connecting them with summer and year-round jobs, internships, and industry specific credential training.